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Pharmacology for Medical Graduates, 4th Updated Edition Pharmacology for Medical Graduates, 4th Updated Edition - E-Book Pharmacology: Prep Manual for Undergraduates Pharmacology for Nurses - E-Book Pharmacology for Dentistry Pharmacology: Prep Manual for Undergraduates E-book Pharmacology for Medical Graduates Pharmacology for Nurses Pharmacology for Dentistry Pharmacology: Prep Manual for Undergraduates Educated Pharmacology for Medical Graduates - E-Book Pharmacology for Nurses Pharmacology for Dental Students Enemy Pie (Reading Rainbow Book, Children S Book about Kindness, Kids Books about Learning) Monsterring Unwritten Anna's Trip to Savannah Soul of the Home Pharmacology for Dentistry E-book Radical Compassion Redeeming Church Conflicts Radical Acceptance Buy Yourself the F*cking Lilies Playing Big Teaching Gender and Sexuality at School Social Creature Memphis Morgan Otter Saves the Sea Turtles Tara Road The Clancys of Queens Slaine the Wanderer The House Girl The World Cannot Give Trusting the Gold All Through the Night The Hormone Decision The Bible Recap Scavenge the Stars The Altered History of Willow Sparks

A Reading Rainbow book for your child Recommend by experts for children who are reading independently and transitioning to longer books. Teach kindness, courtesy, respect, and friendship: It was the perfect summer. That is, until Jeremy Ross moved into the house down the street and became neighborhood enemy number one. Luckily Dad had a surefire way to get rid of enemies: Enemy Pie. But part of the secret recipe is spending an entire day playing with the enemy! In this funny yet endearing story one little boy learns an effective recipe for turning a best enemy into a best friend. Accompanied by charming illustrations, Enemy Pie serves up a sweet lesson in the difficulties and ultimate rewards of making new friends. The perfect book for kids learning how to make friends or deal with conflict Ideal as a read aloud book for families or

elementary schools Created by Derek Munson who has directly shared his children's stories with over 100,000 kids across the globe Fans of Last Stop on Market Street, Have You Filled a Bucket Today, and First Day Jitters will love this Reading Rainbow classic, Enemy Pie. Recommend by experts for children who are reading independently and transitioning to longer books and perfect for the following reading categories: Elementary School Chapter Books Family Read Aloud Books Books for Kids Ages 5-9 Children's Books for Grades 3-5 Brutally honest, often hilarious, hard-won lessons in learning to love and care for yourself from a former vice president at Comedy Central who was called “ahead of her time” by Jordan Peele “You’re going to want Tara Schuster to become your new best friend.”—Glennon Doyle, #1 New York Times bestselling author of Untamed “Compelling, persuasive, and useful no matter where you are in your life.”—Chelsea Handler, #1 New York Times bestselling author of Life Will Be the Death of Me By the time she was in her late twenties, Tara Schuster was a rising TV executive who had worked for The Daily Show with Jon Stewart and helped launch Key & Peele to viral superstardom. By all appearances, she had mastered being a grown-up. But beneath that veneer of success, she was a chronically anxious, self-medicating mess. No one knew that her road to adulthood had been paved with depression, anxiety, and shame, owing in large part to her minimally parented upbringing. She realized she’d hit rock bottom when she drunk-dialed her therapist pleading for help. Buy Yourself the F*cking Lilies is the story of Tara’s path to re-parenting herself and becoming a “ninja of self-love.” Through simple, daily rituals, Tara transformed her mind, body, and relationships, and shows how to

- fake gratitude until you actually feel gratitude
- excavate your emotional wounds and heal them with kindness
- identify your self-limiting beliefs, kick them to the curb, and start living a life you choose
- silence your inner frenemy and shield yourself from self-criticism
- carve out time each morning to start your day empowered, inspired, and ready to rule
- create a life you truly, totally f*cking LOVE

This is the book Tara wished someone had given her and it is the book many of us desperately need: a candid, hysterical, addictively readable, practical guide to growing up (no matter where you are in life) and learning to love yourself in a non-throw-up-in-your-mouth-it’s-so-cheesy way. For many of us, feelings of deficiency are right around the corner. It doesn’t take much--just hearing of someone else’s accomplishments, being criticized, getting into an argument, making a mistake at work--to make us feel that we are not okay. Beginning to understand how our lives have become ensnared in this trance of unworthiness is our first step toward reconnecting with who we really are and what it means to live fully. —from Radical Acceptance “Believing that something is wrong with us is a deep and tenacious suffering,” says Tara Brach at the start of this illuminating book. This suffering emerges in crippling self-

judgments and conflicts in our relationships, in addictions and perfectionism, in loneliness and overwork—all the forces that keep our lives constricted and unfulfilled. Radical Acceptance offers a path to freedom, including the day-to-day practical guidance developed over Dr. Brach's twenty years of work with therapy clients and Buddhist students. Writing with great warmth and clarity, Tara Brach brings her teachings alive through personal stories and case histories, fresh interpretations of Buddhist tales, and guided meditations. Step by step, she leads us to trust our innate goodness, showing how we can develop the balance of clear-sightedness and compassion that is the essence of Radical Acceptance. Radical Acceptance does not mean self-indulgence or passivity. Instead it empowers genuine change: healing fear and shame and helping to build loving, authentic relationships. When we stop being at war with ourselves, we are free to live fully every precious moment of our lives.

Pharmacology for Nurses - E-Book Conflict resolution experts provide leaders and lay people a biblical road map for navigating and redeeming church conflicts. **NATIONAL BESTSELLER • READ WITH JENNA BOOK CLUB PICK AS FEATURED ON TODAY •** A spellbinding debut novel tracing three generations of a Southern Black family and one daughter's discovery that she has the power to change her family's legacy. "A rhapsodic hymn to Black women."—The New York Times Book Review "I fell in love with this family, from Joan's fierce heart to her grandmother Hazel's determined resilience. Tara Stringfellow will be an author to watch for years to come."—Jacqueline Woodson, New York Times bestselling author of *Red at the Bone* **LONGLISTED FOR THE ASPEN WORDS LITERARY PRIZE • ONE OF THE BEST BOOKS OF THE YEAR:** The Boston Globe, NPR, BuzzFeed, Glamour, PopSugar Summer 1995: Ten-year-old Joan, her mother, and her younger sister flee her father's explosive temper and seek refuge at her mother's ancestral home in Memphis. This is not the first time violence has altered the course of the family's trajectory. Half a century earlier, Joan's grandfather built this majestic house in the historic Black neighborhood of Douglass—only to be lynched days after becoming the first Black detective in the city. Joan tries to settle into her new life, but family secrets cast a longer shadow than any of them expected. As she grows up, Joan finds relief in her artwork, painting portraits of the community in Memphis. One of her subjects is their enigmatic neighbor Miss Dawn, who claims to know something about curses, and whose stories about the past help Joan see how her passion, imagination, and relentless hope are, in fact, the continuation of a long matrilineal tradition. Joan begins to understand that her mother, her mother's mother, and the mothers before them persevered, made impossible choices, and put their dreams on hold so that her life would not have to be defined by loss and anger—that the sole instrument she needs for healing is her paintbrush. Unfolding over seventy years through a chorus of

unforgettable voices that move back and forth in time, Memphis paints an indelible portrait of inheritance, celebrating the full complexity of what we pass down, in a family and as a country: brutality and justice, faith and forgiveness, sacrifice and love. Pharmacology for Nurses is a unique study material for B.Sc. Nursing students. The book has been based on the INC syllabus and gives up-to-date information on different drugs administered to patients. Invaluably rich and authentic content has been organized very systematically, detailing the different aspects of pharmacology. The book specifies the role of nurse in monitoring and caring the patients under different conditions. Contents strictly in accordance to the INC syllabus Content has been organized as per body systems, for ease of understanding Short, terse and crisp text, which is easy to comprehend Nurse's role has been described as Key Points boxes, wherever applicable Exam-oriented questions appended to every topic Comprehensive index to facilitate quick search for drugs, compounds, etc. The Prep Manual for Undergraduates now, more aptly named as Pharmacology for Medical Graduates, Third Edition includes significant expansion and revision of the existing Second Edition. The style and presentation form has been maintained - simple diagrams, self-explanatory flow charts, tables and student friendly mnemonics. Some new topics like cognitive enhancers, CNS stimulants, Drugs for the treatment of Psoriasis and Acne vulgaris have been introduced. Definitions, treatment schedules as per WHO (for tuberculosis, leprosy, malaria, HIV), RNTCP (for TB) guidelines and classification of blood pressure as per JNC, 2003 guidelines have been included and we acknowledge the same. This extensively revised edition will be useful not only for the students of medicine but also for practicing doctors. Salient Features Format based upon the pattern which is followed by the examiners in framing questions in the exams- both theory and Practical. Updated content with addition of new drugs Addition of new flowcharts, Figures and tables to facilitate quick learning and greater retention of knowledge Specific description of drugs under short headings makes it easy to understand. Easy to understand and point-wise presentation of information, useful for exam going UG students. Supplementing text with simple diagrams, self-explanatory flow charts, tables and student friendly mnemonics. The fourth edition of this book is thoroughly revised and updated in accordance with the syllabus of pharmacology recommended by the Medical Council of India. Following recent developments and advances in Pharmacology, the book provides factual, conceptual and applied aspects of the subject. It is designed to meet the needs of students pursuing undergraduate courses in medicine and also for the practicing doctors. Format based upon the pattern followed by the examiners in framing questions in the exams - both theory and practical Updated content with addition of specific description of drugs under short headings makes it easy to understand Textual presentation in tabular format helps in

quick reading and recall Addition of new flowcharts, figures and tables to facilitate greater retention of knowledge Supplementing text with simple diagrams, self-explanatory flow charts, tables and student friendly mnemonics Point-wise presentation of information, useful for exam going UG students Core competencies prescribed by the MCI are covered and competency codes are included in the text Includes new topics on drug dosage forms and calculation of dosage of drugs Addition of cardiovascular drug summary table for quick revision The fourth edition of this book is thoroughly revised and updated. Following recent developments and advances in pharmacology, the book provides factual, conceptual and applied aspects of the subject. It is designed to meet the needs of students pursuing undergraduate courses in dentistry and for practicing dentists. New to This Edition • Full 4-colour format with significant revision of figures and flowcharts. • Many drugs like anticancer, anthelmintic, antimalarial, antiviral have been updated along with treatment guidelines for HIV and tuberculosis. • Key points for dentists added wherever relevant, stimulates enthusiasm for subject. • Inclusion of prescription writing section to help students accurately write prescriptions. Salient Features • Updated content, figures, flowcharts with addition of specific description of drugs presented as headings and subheadings with different font. This style of presentation would not only make it easier for students to understand the subject in a better manner but would also help them to quickly review and revise the subject before examination. • Text is presented in a simple, precise and point-wise manner, with complex information summarized in tables, student-friendly mnemonics, line diagrams and flowcharts, which makes the learning and comprehension easier for students. • Mechanism of action of drugs are illustrated with diagrams and 11 animations for better understanding. • Separate chapter on dental pharmacology discuss about the drugs used in dentistry. Online Resources Complimentary access to full e-book along This book is written mainly for Undergraduate Dental Students. Its user-friendly format provides knowledge of pharmacology without extraneous details as needed by BDS students. The book will also be useful for practicing Dentists, Pharmacy and Nursing students. About the Author : - Tara V Shanbhag is serving as Professor at the Department of Pharmacology, Kasturba Medical College, Manipal, Karnataka. She has a teaching experience of more than 20 years and has been examiner to several universities. Dr Shanbhag is an honorable recipient of the Good Teacher award. She also has to her credit several articles in national and international journals. She has also authored a book Pharmacology: Prep Manual for Undergraduates with Elsevier.Smita Shenoy is Associate Professor at the Department of Pharmacology, Kasturba Medical College, Manipal, Karnataka. She has contributed articles to different national and international journals. Veena Nayak is Assistant Professor at the Department of Pharmacology, Kasturba

Medical College, Manipal, Karnataka. She has contributed articles to different national journals. One of the Best Books of the Year: Janet Maslin, The New York Times Vulture NPR "Social Creature is a wicked original with echoes of the greats (Patricia Highsmith, Gillian Flynn)." —Janet Maslin, The New York Times For readers of Gillian Flynn and Donna Tartt, a dark, propulsive and addictive debut thriller, splashed with all the glitz and glitter of New York City. They go through both bottles of champagne right there on the High Line, with nothing but the stars over them... They drink and Lavinia tells Louise about all the places they will go together, when they finish their stories, when they are both great writers—to Paris and to Rome and to Trieste... Lavinia will never go. She is going to die soon. Louise has nothing. Lavinia has everything. After a chance encounter, the two spiral into an intimate, intense, and possibly toxic friendship. A Talented Mr. Ripley for the digital age, this seductive story takes a classic tale of obsession and makes it irresistibly new. The fourth edition of this book is thoroughly revised and updated in accordance with the syllabus of pharmacology recommended by the Medical Council of India. Following recent developments and advances in Pharmacology, the book provides factual, conceptual and applied aspects of the subject. It is designed to meet the needs of students pursuing undergraduate courses in medicine and also for the practicing doctors. Format based upon the pattern followed by the examiners in framing questions in the exams - both theory and practical Updated content with addition of specific description of drugs under short headings makes it easy to understand Textual presentation in tabular format helps in quick reading and recall Addition of new flowcharts, figures and tables to facilitate greater retention of knowledge Supplementing text with simple diagrams, self-explanatory flow charts, tables and student friendly mnemonics Point-wise presentation of information, useful for exam going UG students Core competencies prescribed by the MCI are covered and competency codes are included in the text Includes new topics on drug dosage forms and calculation of dosage of drugs Addition of cardiovascular drug summary table for quick revision Southern Adventures is a travel fiction children's book series. In the Southern Adventures series, Anna and her family are Cherokee Indians from North Carolina who spend part of every summer traveling throughout the U.S. South. Eight-year-old Anna finds adventure everywhere she goes, and she loves to try to beat her brother, whatever the game. Ten-year-old Carter is a history buff (and a bit of a know-it-all, according to Anna). Together with their parents, they explore each new city while learning about its history, sampling some of the area's unique food, meeting new people, and, of course, discovering new adventures! In Book 1, Anna's Trip to Savannah, Anna and her family visit the city of Savannah which is known for its culture, beaches, and as the birthplace of the Girl Scouts. Follow Anna as she discovers unique squares (parks), climbs to the

top of a lighthouse, and steers a ship down the river! "At last. At last this very important book has been written... It will empower legions of women to step into their greatness.' ELIZABETH GILBERT, author of EAT, PRAY, LOVE 'One of the most important books in my life. If you want to achieve anything, or simply be less stressed, this book will help you do it. In it you will find your voice, your ability, your self-confidence and perhaps even your mission in life. Buy it. Pass it on.'

SHIRLEY CONRAN The groundbreaking book that gives every woman the practical skills they need to begin PLAYING BIG. Five years ago, Tara Mohr began to see a pattern in her work as an expert in leadership: women with tremendous talent, ideas and aspiration were not recognising their own brilliance. They felt that they were playing small' in their lives and careers and wanted to play bigger', but didn't know how. And so Tara devised a step-by-step programme for playing big from the inside out: this book is the result. Many women are aware of the changes they need to make to be more successful, but they don't know how to become that more confident woman they'd like to be. Playing Big provides real, practical to

Pharmacology for Medical Graduates - E-Book Clancy's memoir "is not merely an authentic coming-of-age tale or a rowdy barstool biography. Chockfull of characters who escape the popular imaginings of this city, it offers a bold portrait of real people, people whose stories are largely absent from our shelves. Most crucially, it captures ... rarely-heard voices of New York's working-class women"--Amazon.com. The present edition is thoroughly updated and highlights the important aspects of pharmacology for students pursuing undergraduate courses in medicine and also for the practicing doctors. This user-friendly book is written in simple language and provides the knowledge of pharmacology without extraneous details as needed by undergraduate students. Easy to understand, systemize presentation of information and relevant from examination point of view. Supplementing text with the addition of some new topics like Pharmacovigilance, Pharmacoeconomics, Rational Use of Drugs, Vaccines and Sera, Vitamins, Minerals, Antiseptics and Disinfectants, Drugs Acting on Skin and Mucous Membranes. Addition of new flowcharts, figures and tables to facilitate quick learning and greater retention of knowledge. Contemporary and comprehensive approach, which make it a highly useful preparatory manual. What happens when Willow Sparks literally rewrites her fate? Presents an objective discussion of the benefits and risks of hormone replacement therapy while considering current debates to identify where both the scientific community and media have misreported research findings, in an account that also discusses the potential for "bioidentical" herbs. Reprint. The fourth edition of this book is thoroughly revised and updated in accordance with the syllabus of pharmacology recommended by the Medical Council of India. Following recent developments and advances in Pharmacology, the book provides factual,

conceptual and applied aspects of the subject. It is designed to meet the needs of students pursuing undergraduate courses in medicine and also for the practicing doctors. . Format based upon the pattern followed by the examiners in framing questions in the exams - both theory and practical . Updated content with addition of specific description of drugs under short headings makes it easy to understand . Textual presentation in tabular format helps in quick reading and recall . Addition of new flowcharts, figures and tables to facilitate greater retention of knowledge . Supplementing text with simple diagrams, self-explanatory flow charts, tables and student friendly mnemonics . Point-wise presentation of information, useful for exam going UG students Includes new topics on drug dosage forms and calculation of dosage of drugs Addition of cardiovascular drug summary table for quick revision This book is written mainly for Undergraduate Dental Students. Its user-friendly format provides knowledge of pharmacology without extraneous details—as needed by BDS students. The book will also be useful for practicing Dentists and Pharmacy students. Meets the requirement of the syllabus proposed by Dental Council of India (DCI) Includes drugs with dose, mechanism of action, pharmacokinetics, adverse effects, drug interactions and therapeutic uses Supplemented with the addition of some new topics like Pharmacovigilance and Drug Dosage Forms Contains important medical emergencies in dental practice and oral side effects of drugs in tabular format Large number of diagrams, flowcharts and tables will facilitate quick learning and greater retention of the concepts Thoroughly updated edition that highlights the important aspects of pharmacology for students pursuing undergraduate courses in Dentistry From rising-star author Tara Sim comes an epic new YA fantasy duology—a gender-swapped *The Count of Monte Cristo* retelling that's perfect for fans of *All the Stars and Teeth* by Adalyn Grace. When Amaya rescues a mysterious stranger from drowning, she fears her rash actions have earned her a longer sentence on the debtor ship where she's been held captive for years. Instead, the man she saved offers her unimaginable riches and a new identity, setting Amaya on a perilous course through the coastal city-state of Moray, where old-world opulence and desperate gamblers collide. Amaya wants one thing: revenge against the man who ruined her family and stole the life she once had. But the more entangled she becomes in this game of deception—and as her path intertwines with the son of the man she's plotting to bring down—the more she uncovers about the truth of her past. And the more she realizes she must trust no one? Packed with high-stakes adventure, romance, and dueling identities, this gender-swapped retelling of *The Count of Monte Cristo* is the first novel in an epic YA fantasy duology, perfect for fans of Sarah J. Maas, Sabaa Tahir, and Leigh Bardugo. In this fantasy middle-grade novel, twelve-year-old storybook character Gracie Freeman lives in the real world but longs to discover what happened in the story she came

from. When she finally gets her chance, the truth isn't what she was expecting. Past meets present in this stylish guide to decorating modern homes with heirlooms and antiques. Designer and antiques dealer Tara Shaw is a respected supplier of French and European antiques for a host of AD100 and Elle Decor A-listers, including Bobby McAlpine, Mary McDonald, and Bunny Williams. In her first book, she helps readers understand how to select the best antiques and how to use them in a variety of decor schemes. The book presents never-before-published spaces from Shaw's portfolio and reveals her favorite antique-hunting spots throughout Europe. Anecdotes from years of treasure hunting are accompanied by images of rare and precious finds, with text that decodes just how to choose the right pieces and display them in a contemporary interior. Readers will be able to look at each space and take away ideas they can apply to their own homes, to create personalized rooms full of provenance and beauty.

A stunning New York Times bestselling novel that intertwines the stories of an escaped slave in 1852 Virginia and an ambitious young lawyer in contemporary New York and asks: is it ever too late to right a wrong? Lynnhurst, Virginia, 1852. Seventeen-year-old Josephine Bell decides to run away from the failing tobacco farm where she is a slave and nurse to her ailing mistress, the aspiring artist Lu Anne Bell. New York City, 2004. Lina Sparrow, an ambitious first-year associate in an elite law firm, is given a difficult, highly sensitive assignment that could make her career: finding the "perfect plaintiff" to lead a historic class-action lawsuit worth trillions of dollars in reparations for descendants of American slaves. It is through her father, the renowned artist Oscar Sparrow, that Lina discovers Josephine Bell and a controversy rocking the art world: are the iconic paintings long ascribed to Lu Anne Bell really the work of her house slave, Josephine? A descendant of Josephine's—if Lina can locate one—would be the perfect face for the reparations lawsuit. While following the runaway house girl's faint trail through old letters and plantation records, Lina finds herself questioning her own family history and the secrets that her father has never revealed: how did Lina's mother die? And why will he never speak about her?

In a set of compelling letters to teachers, Tara Goldstein addresses a full range of issues facing lesbian, gay, bisexual, transgender, and queer (LGBTQ) students and families at elementary and secondary school. Goldstein talks to teachers about how they can support LGBTQ students and families by normalizing LGBTQ lives in the curriculum, challenging homophobic and transphobic ideas, and building an inclusive school culture that both expects and welcomes LGBTQ students and their families. Moving and energizing, *Teaching Gender and Sexuality at School* provides readers with the knowledge and resources they need to create safer and more positive classrooms and discusses what it takes to build authentic, trusting relationships with LGBTQ students and families. Includes "The Unicorn Glossary"

by Benjamin Lee Hicks, the performed ethnography *Snakes and Ladders* by Tara Goldstein, and the verbatim play *Out at School* by Tara Goldstein, Jenny Salisbury, and Pam Baer. The fourth edition of this book is thoroughly revised and updated. Following recent developments and advances in pharmacology, the book provides factual, conceptual and applied aspects of the subject. It is designed to meet the needs of students pursuing undergraduate courses in dentistry and for practicing dentists. New to This Edition . Full 4-colour format with significant revision of figures and flowcharts. . Many drugs like anticancer, anthelmintic, antimalarial, antiviral have been updated along with treatment guidelines for HIV and tuberculosis. . Key points for dentists added wherever relevant, stimulates enthusiasm for subject. . Inclusion of prescription writing section to help students accurately write prescriptions. Salient Features . Updated content, figures, flowcharts with addition of specific description of drugs presented as headings and subheadings with different font. This style of presentation would not only make it easier for students to understand the subject in a better manner but would also help them to quickly review and revise the subject before examination. . Text is presented in a simple, precise and point-wise manner, with complex information summarized in tables, student-friendly mnemonics, line diagrams and flowcharts, which makes the learning and comprehension easier for students. . Mechanism of action of drugs are illustrated with diagrams and 11 animations for better understanding. . Separate chapter on dental pharmacology discuss about the drugs used in dentistry. Online Resources Complimentary access to full e-book along Eight-year-old Morgan Otter moves from her home in the hot Arizona desert to damp, green Georgia when her father gets a new job. She attends a day camp at the Nature Center where she meets new friends and learns about the animals of the Lowcountry, including endangered sea turtles. As Morgan learns about the sea turtles, she vows to become a sea turtle superhero with her new friend, Claire. The dynamic duo help protect baby sea turtles at the beach and make sure they make it to the ocean unharmed. "When the shy, sensitive Laura Stearns arrives at St. Dunstan's Academy in Maine, she dreams that life there will echo her favorite novel, *All Before Them*, the sole surviving piece of writing by Byronic "prep school prophet" (and St. Dunstan's alum) Sebastian Webster, who died at 19, fighting in the Spanish Civil War. She soon finds the intensity she is looking for among the insular, Webster-worshipping members of the school's cultic chapel choir: presided over by the charismatic, neurotic, overachiever Virginia Strauss, who is as fanatical about her newfound Christian faith as she is about the miles she runs every morning before dawn. Virginia inducts the besotted Laura into a world of transcendent music and arcane ritual, illicit cliff-diving and midnight crypt visits: a world that, like Webster's novels, finally seems to Laura to be full of meaning. But when a new, reformist school chaplain challenges

Virginia's hold on the "family" she has created, and Virginia's efforts to hold onto her power become increasingly destructive, Laura must decide how far she will let her devotion to Virginia go. **THE WORLD CANNOT GIVE** is a meditation on the power, and danger, of wanting more than the world can give"-- With her stammering tongue and quiet ways, Cadence Piper has always struggled to be accepted. After the death of her mother, Cadence sets her heart on becoming a nurse, both to erase the stain her brother has left on the family's honor and to find long-sought approval in the eyes of her father. When Dorothea Dix turns her away due to her young age and pretty face, Cadence finds another way to serve . . . singing to the soldiers in Judiciary Square Hospital. Only one stubborn doctor stands in her way. Joshua Ivy is an intense man with a compassionate heart for the hurting and downtrodden. The one thing he can't have is an idealistic woman destroying the plans he's so carefully laid. When the chaos of war thrusts Cadence into the middle of his clandestine activities, he must decide if the lives at stake, and his own heart, are worth the risk of letting Cadence inside. Everything changes when Joshua and Cadence unearth the workings of a secret society so vile, the course of their lives, and the war, could be altered forever. If they fight an enemy they cannot see, will the One who sees all show them the way in the darkest night? #1 **NEW YORK TIMES, WALL STREET JOURNAL, AND BOSTON GLOBE BESTSELLER** • One of the most acclaimed books of our time: an unforgettable memoir about a young woman who, kept out of school, leaves her survivalist family and goes on to earn a PhD from Cambridge University "Extraordinary . . . an act of courage and self-invention."—The New York Times **NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY THE NEW YORK TIMES BOOK REVIEW** • **ONE OF PRESIDENT BARACK OBAMA'S FAVORITE BOOKS OF THE YEAR** • **BILL GATES'S HOLIDAY READING LIST** • **FINALIST: National Book Critics Circle's Award In Autobiography and John Leonard Prize For Best First Book** • **PEN/Jean Stein Book Award** • **Los Angeles Times Book Prize** Born to survivalists in the mountains of Idaho, Tara Westover was seventeen the first time she set foot in a classroom. Her family was so isolated from mainstream society that there was no one to ensure the children received an education, and no one to intervene when one of Tara's older brothers became violent. When another brother got himself into college, Tara decided to try a new kind of life. Her quest for knowledge transformed her, taking her over oceans and across continents, to Harvard and to Cambridge University. Only then would she wonder if she'd traveled too far, if there was still a way home. "Beautiful and propulsive . . . Despite the singularity of [Westover's] childhood, the questions her book poses are universal: How much of ourselves should we give to those we love? And how much must we betray them to grow up?"—Vogue **NAMED ONE OF THE BEST**

BOOKS OF THE YEAR BY The Washington Post • O: The Oprah Magazine • Time • NPR • Good Morning America • San Francisco Chronicle • The Guardian • The Economist • Financial Times • Newsday • New York Post • theSkimm • Refinery29 • Bloomberg • Self • Real Simple • Town & Country • Bustle • Paste • Publishers Weekly • Library Journal • LibraryReads • Book Riot • Pamela Paul, KQED • New York Public Library NEW YORK TIMES BESTSELLER • “A tender novel of the pleasures and pitfalls of friendship Tara Road is an ultramodern love story for women, about women, between women that is sure to delight.”—Newsday New York Times bestselling author Maeve Binchy has captured the hearts of millions with her unforgettable novels. Binchy's graceful storytelling and wise compassion have earned her the devotion of fans worldwide--and made her one of the most beloved authors of our time. Now she dazzles us once again with a new novel filled with her signature warmth, humor, and tender insight. A provocative tale of family heartbreak, friendship, and revelation, Tara Road explores every woman's fantasy: escape, into another place, another life. "What if . . ." Binchy asks, and answers in her most astonishing novel to date. Praise for Tara Road “Her best work yet . . . Tara Road is like a total immersion in a colorful new world, where the last page comes too soon.”—Seattle Times “An irresistible tale.”—Elle “Engrossing.”—Wall Street Journal “Difficult to put down!”—Denver Post “One of Binchy's best.”—Kirkus Reviews Tir Nan Og the Land of the Young, a mystical place of myth and legend. Celtic warrior Slaine, the first High King of Ireland and Ukko his (un)faithful dwarf sidekick, seek adventure and the chance to kill many Formorian sea demons in the name of Danu the Earth Goddess." Have you ever closed your Bible and thought, What did I just read? Or maybe you have tried to read through the Bible in a year, but quit when it felt confusing or impersonal. The Bible Recap is here to help. Tara-Leigh Cobble, host of the popular Bible Recap podcast, walks readers through a one-year chronological Bible reading plan and explains each day's passage in an easy-to-understand way. Emphasizing how God's character can be seen throughout Scripture, the recaps are simple and short yet deep enough to help you understand the hard parts and press into knowing God better. As Cobble says, The primary role of Scripture is to show me who God is, and if I behold God, my life will naturally conform around what I learn about him. The Bible Recap will not only help you understand the entire narrative of the Bible, it will fortify your faith. In April 2004, the Abu Ghraib photographs set off an international scandal. Yet until now, the full story has never been told. Tara McKelvey -- the first U.S. journalist to speak with female prisoners from Abu Ghraib -- traveled to the Middle East and across the United States to seek out victims and perpetrators. McKelvey tells how soldiers, acting in an atmosphere that encouraged abuse and sadism, were unleashed on a prison population of which the vast

majority, according to army documents, were innocent civilians. Drawing upon critical sources, she discloses a series of explosive revelations: An exclusive jailhouse interview with Lynndie England connects the Abu Ghraib pictures to lewd vacation photos taken by England's boyfriend Charles Graner; formerly undisclosed videotapes show soldiers "Robotripping" on cocktails of over-the-counter drugs while pretending to stab detainees; new material sheds light on accusations against an American suspected of raping an Iraqi child; and first-hand accounts suggest the use of high-voltage devices, sexual humiliation and pharmaceutical drugs on Iraqi prisoners. She also provides an inside look at Justice Department theories of presidential power to show how the many abuses were licensed by the government. One of the most beloved and trusted mindfulness teachers in America offers a lifeline for difficult times: the RAIN meditation, which awakens our courage and heart Tara Brach is an in-the-trenches teacher whose work counters today's ever-increasing onslaught of news, conflict, demands, and anxieties--stresses that leave us rushing around on auto-pilot and cut off from the presence and creativity that give our lives meaning. In this heartfelt and deeply practical book, she offers an antidote: an easy-to-learn four-step meditation that quickly loosens the grip of difficult emotions and limiting beliefs. Each step in the meditation practice (Recognize, Allow, Investigate, Nurture) is brought to life by memorable stories shared by Tara and her students as they deal with feelings of overwhelm, loss, and self-aversion, with painful relationships, and past trauma--and as they discover step-by-step the sources of love, forgiveness, compassion, and deep wisdom alive within all of us. A PENGUIN LIFE TITLE

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